

PROGRESS REPORT 2008-2009

INTRODUCTION:

The 'Life for all society has been set up by a group of young dedicated people from the state of Uttarakhand. It is an autonomous social voluntary organisation registered under the registration Act no.21 of 1860. The registration no. is 1224 of 15th march 2004. Our mission is community advancement Our focus is especially upon the mentally, morally, spiritually and economically deprived whose advancement serves the entire community. We promote social justice as a provision and distribution of comprehensive Education, Community Health and Community development

LOCATION:

At present the society is working in Uttarakhand in the district of Dehradun At Sahaspur, Vikas Nagar, Kalsi and Chaktata development blocks among Benjara, Jansari, Garwali, Himachali and Muslim people groups covering 40 villages of these blocks.

THURST AREA:

The main Objective of the society is

- 1. Physical well being of the community**
- 2. Intellectual well being of the community**
- 3. Socio- economic well being of the community**
- 4. Moral well being of the community**

1. PHYSICAL WELL BEING OF THE COMMUNITY:

HEALTH CAMP:

The Society conducted health camp among the sapera community. This community lives outside of the Sahaspur village. The whole community expose to different kinds of diseases such as malnutrition, diarrhea, cold and flu, worms, Anemia etc. We had conducted health camp on 10th Oct'08. Dr. Balram Sukla was the resource person for the health camp. He shared about common diseases and how to get rid of it. There were 200 people went through the health check up. The society distributed medicines for people and refer some of patients to Doon hospital.

Here the village pradhan taking care of his community through Desi treatment and earned good amount of money to look after his family.



WORLD AIDS DAY:

The world Aids day was conducted on 1st December 2008. There were 250 people gather from 10 different villages for the program. Dr Balaram sukla was the resource person for the program. He told that India is projected to become the eye of the storm for AIDS epidemics in the world.

What is HIV?

Human Immunodeficiency virus is a virus that gradually damages the body's immune system and eventually causes AIDS.

The human body is equipped with CD 4 cells also called T cells, which defend the body against viruses and bacteria. HIV damages the immune system by attacking and entering these cells. Once inside the cells the viruses reproduce and then leave to attack other helper T cells and repeat the process. As more helper T cells are over taken, the body is gradually less and less equipped to fight off illnesses. A person can have the virus for years without knowing it or feeling sick, yet regardless of their appearance of good health the person is able to spread the virus and will ultimately develop AIDS.

AIDS:

A person is said to have AIDS once their immune system is so damaged that develop opportunistic infections because their body is not able to fight off these illness, they will die. The most common opportunistic infections includes Tuberculosis, neumonia, skin cancer, meningitis, thrush, Herpes and bacterial infections that cause fever, digestion difficulties and weight loss.

AIDS manifests itself differently in every individual. Some people die very soon after becoming infected, while others may live for many years.

HIV is transmitted when a person has contact with certain bodily fluids of a person who is HIV positive, Bodily fluids that can contain HIV.

- **BLOOD TRANFUSION:**

An individual can become infected if given HIV- infected blood in blood transfusions. It is important to visit only recognized health facilities, where a safe blood supply is guaranteed.

- **SHARING NEEDLES OR SYRINGES WITH SOME ONE WHO HAS HIV/AIDS:**

Needles, syringes or other instruments that pierce the skin (for drug, injection, tattooing, and piercing ears, carving scars, circumcision or shaving) and are used first by an infected person can transmit the virus to subsequent users. HIV transmission by means of injection equipment also can occur in health care settings where syringes, needles and equipment are not properly sterilized.

- **MOTHER TO CHILD TRANSMISSION (MTCT):**

An HIV – infected woman can pass the virus to her baby during pregnancy through the placenta and during child birth by exposure to the mother’s blood. Without treatment approximately 15 to 30 percent of babies born to HIV- positive mothers are infected with the virus.

COMMON MISPERCEPTIONS ABOUT THE TRANSMISSION:

HIV is not transmitted through the following:

- ***Living in the same place with people who have HIV/AIDS***
- ***Kissing (unless there are open sores or exposure to blood with in the mouth)***
- ***Touch-hugging, shaking hands, supports contact.***
- ***Sharing food utensils, cups or dishes.***
- ***Swimming pools or bathing***
- ***Sneezing or coughing***
- ***Visiting a hospital***
- ***Sweat, saliva or tear***
- ***Urine or feces.***

OBSERVATION:

The meeting was full of information regarding HIV/AIDS. The participants were very happy and told that we will pass on the same information in our locality so that there will be awareness and information will spread in rural area. The meeting was close with lunch.

WORLD NO SMOKING DAY:

The world no smoking day was organized on 30/5/2008. There were 60 participants from 5 different villages were invited for the program. The purpose of celebrating this day was to bring awareness on dangerous of smoking. In the target area where the society is working most of the people are illiterates and daily laborers. 30 percent were habit of smoking. Mr. Stephen Diyali who is the director of Anath development society was the resource person who focuses on dangerous of smoking. He said that

- ***Smoking increases the risk of cancer of the lungs and lips (the more you smoke the greater the chance of dying of cancer.***
- ***Smoking causes serious diseases of the lungs including chronic bronchitis and emphysema and is deadly for people who already has these conditions or have asthma.***
- ***Smoking can help cause stomach ulcers or make them worse.***
- ***Children whose parents smoke have more cases of pneumonia and other respiratory illness than children whose parents do not smoke.***
- ***Smoking increases our chance of suffering or dying from heart disease or stroke.***
- ***Smoking costs money, It looks like little spent but it adds up to a lot in poorer counties many of the poorest persons spend more on tobacco than the country spends per persons on its health program.***

REMARK:

This program was great success as the result of this 10 people stop smoking and many are trying to leave this bad habit.

2. INTELLECTUAL WELL BEING OF THE COMMUNITY:

NEW LIFE ACADEMY:

The society started a public school for the poorest of poor children in the weaker section of the society. There are 60 students are from sapersa, Banjara and Muslim community studying in the school.

Sapersa is the community who live by begging and all of their children are illiterate. The government school is not willing to enroll them as most of the children go for rag picking. We are identifying 30 children to enroll them in new life academy in next academic year.



PUPPET SHOW



NEW LIFE ACADEMY

NON FORMAL EDUCATION CENTRE:

We have started two non formal centers among sapersa community. The society distributed 100 slates, note books, charts, mats and sport materials for these children. There are 50 children in our non formal centre. Mr. Belala sen suna is looking after the centers. Once the children learn about manners and how to read and write then the society will enroll them in the New Life Academy which is started by society.

INTERNATIONAL LITERACY DAY:

International literacy day was celebrated on 8/9/2008 at Redapur. There were 200 people participated in the program. Mr. Stephen Dayali was resource person who talked about important of education and encouraged participants to join in the adult literacy program. ***Right after the meeting there were about 90 people shown their interest to enroll in adult literacy centre. The society is planning to open 5 adult literacy centers in five different villages.***

ADULT LITERACY PROGRAMME:

India is now one of the most illiterate nations in the world. 70 percent of the population can not read or write. 80%-90% Of the women in the rural areas are illiterates. The society started five adult literacy centers in November 2007. The adult literacy centre was closed in the month of November 2009. There were 360 men and women went through the training. The society has given training on how to make candle, pickles and jam etc. so that the learners can start petty business for better living standard.

The aim of the literacy program is:

- ***Imparting literacy skill- reading, writing and doing simple arithmetic.***
- ***Promoting social awareness among the learners to live a dignified life.***
- ***Promoting awareness among the learners to live dignified life.***
- ***Instilling moral, ethical and spiritual values for holistic transformation.***



VOCATIONAL TRAINING

CHILD DEVELOPMENT PROGRAM:

The society conducted teacher's training program on 22/5/09. There were 100 volunteers went through the training. The society has selected 100 volunteers from 20 villages as teachers. The teacher's training conducted for two days. Mr. sandeep paul and Mr. Harihar Pothal were resource persons, both of them taught about

- ***The worth of a child***
- ***Teaching method***
- ***Child psychology***
- ***Communication skills***
- ***Leadership***
- ***Child development***

These were some of the important topics dealt during teacher's training. The aim of this training was prepare teachers and club leaders those are going to work among the children for the holistic development of the children. There are 8 children's clubs in our target area. The aim of the children's clubs to help weaker children in their studies and

prepare children as the agent of change for changing their own community and responsible citizen of our nation. The society provided sport materials for recreation of the children.



TEACHER'S AND CLUB LEADERS TRAINING



CHILDREN'S CLUB

CHILD LABOUR DAY:

The society arranged child labor day on 30/4/2008. There are 100 people came for the program. Mr. Sukveer singh was the resource person who shared about - there are 67 million Indian children do not have access to basic education and 47 % are girl children. India has the largest number of street children in the world, 18 million out of 1 billion. 75% of the children never received any vitamin drops. The purpose of this meeting was eradication of child labour in our target area and brings awareness in our community so there will be no child labor in our target community. The society already conducted survey on child labor and identify some of pockets where child labour is existed so the society trying to help these family in the area of counseling and advice them to enroll their children in the school. The meeting was great encouragement for the participants and willing to take responsibility to ensure there will be no child labor in their respective communities.

AWARENESS ON FUNDAMENTAL RIGHTS AND CULTURAL PROGRAM:

This program was organized on 26/1/09 on Republic day. Mrs. Piyus William who is the principal of the New life Academy was the resource person. The purpose this program was to bring awareness and harmony among the different community. There were 150 people gather for the program. She was briefly shared about fundamental rights under seven groups.

- a. Right to equality**
- b. Right to particular freedom**
- c. Right against exploitation**
- d. Right to freedom of religion**
- e. Cultural and educational right**
- f. Right to property**
- g. Right to constitutional remedies**

Recently we have got one more right that is Right to information. She also shared about citizen's right

- **To freedom of speech and expression**
- **To assemble peaceably and without arms.**
- **To form association or unions**
- **To move freely through out the territory of India**
- **To reside and settle in any part of the territory of India**
- **To practice any profession or to carry on any occupation, trade or business.**

Right after her speech the cultural program was started by New Life Academy children. Lunch was served for all participants those who attended the program.



CULTURAL PROGRAM

FEEDBACK:

Most of the participants told that it was first time for them to understand their right.

CLOTH DISTRIBUTION AMONG BEGGER CHILDREN:

The society distributed cloth among the beggar children on 12/10/08. These children were belongs to sapera community. The society distributed cloth among 54 children. None of these children go to school. The society stated 2 non formal educations for these children. The society planning to enroll them in New life academy in next academic year. The organisation would like to bring ray of smile on the faces of these children days to come.

3. SOCIO-ECONOMIC WELL BEING OF THE COMMUNITY ORGANIC FARMING AND ENVIORNMENT AWARENESS PROGRAM:

The society has organized organic farming and environment awareness program on 28/8/2008 at Chharaba. There were 100 farmers came for the meeting. Mr. Attar singh was the resource person for the program. He is the specialist in organic farming. He shared about benefits of using organic farming which is ultimately benefit for our environment as well as for our health. He is always ready to extend his helping hand if any of the farmer willing to adopt this method. There are 20 farmers those are willing to start organic farming. We are looking forward for all farmers to adopt this kind of techniques in their field and get rid of from fertilizers which are harmful for health and environment.

WOMEN'S EMPOWERMENT PROGRAMME:

This program has organized on International women's day that is on 8th March 2009. There were 150 women gathering for program. Dr. Anjana .P was resource person for the programmed. She shared the female child is often unwanted before birth and aborted. If she survives her mother's womb, she faces neglect and malnourishment. Frequently denied an education and health care, she often becomes a child labourer. She may be molested, raped, sold into prostitution or married at an unconsciously young age. Malnourishment is common even while she is pregnant. Overworked and under appreciated she may be beaten or humiliated by her husband or other men even to the point of murder. If not she could be abandoned as a widow, forced to scratch out a living on the outskirts of society with no family or social safety net to provide for her. Domestic violence is universal phenomenon. It transcends racial and ethnic boundaries. Education and economic levels and religion. Mostly perpetrated by men, it is a means to exercise power and control. World wide an estimated 25-50 percent of adult women have been victims of domestic violence. Globally about 46 millions of abortion take place per year (126, 000) in India abortion clinics advertise that ***"it is better to spend \$38 now to terminate a female fetus than \$ 3,800 later on her dowry"*** Women are also least to get an education on the theory that girls are only going to get pregnant, have babies and take care of the house hold. About 60 percent of the children world wide who are kept out of school is girls. Some 66 percent of the world's 880 million illiterate adult are women. Maternal mortality rates are also extremely high in much of the world. An estimated 600,000 women die each year world wide related to pregnancy and child

birth. These are data just to share with you to know the status of the women in the world and same time encourages all of you to come forward and fight for your right.

REMARK:

The aim of this program is to encouraged women in the area of equality, education, decision making at various levels in the established legislative structure and providing an opportunity for women leadership in their respective community and society at a large.

YOUTH PROGRAMME:

The society has conducted sport day and cultural program among youth. There were 50 youth participated in the program. This program specially arranged for sapera youth. This group is outside of the main stream of the society. Generally these youth are involving in rag picking. The aim of this program to create brother hood and recreation time from their daily activities. In the morning we were arranged cricket match among different youth groups and in the evening we arranged cultural program for them.

REMARK:

It was meaningful and friendly time with them and we got opportunity to discussed regarding changing of their occupation.

HARMONIOUS COMMUNITY PROGRAMME:

India is a democratic and secular in matters of religious belief and practices. Justice liberty and equality are secured to all the citizens with out religious distinctions. But today we could find there are terrorism, regionalism, caste and creed etc trying to destroy our nation. The society has conducted this program on 30th August 2008 and 31st March 2009. There were 150 people from different religious and caste came for the program. Mr. R.k William was the resource person for the program. The purpose of this program to see the different communities live in peace and harmony among themselves in heterogeneous society. This was wonderful program. There was open discussion and group discussion regarding how we can live in harmony in spite of religion, language, regionalism and caste system etc. Right after the meeting launch was served for all participants.

LEADERSHIP DEVELOPMENT:

(CAPACITY BUILDING OF STAFF AND COMMUNITY)

To enhance the community 's ability to continue the development efforts and sustain the impact in the community the society emphasis on capacity building of the staff and community at a large in order to see the ownership of the program days to come.

To achieve this goal we have different activities.

- ***Leadership training and capacity building for the staff and core members. There are 12 people are going through the training, out of which 2 are women.***
- ***Forming self managed people's organisation, strengthening the civil societies for social analysis, problem solving, reviving cultural values and promoting peace and reconciliation.***
- ***Provide information and opportunities for women and girl children.***
- ***Involving women in decision making at various level in the established legislative structure. This program is the reed of the society for the holistic development and sustainability of the community.***



ICT GRADUATION

I wish to express heart full gratitude to each one of our partners, staff and well wishers for their valuable co-operation, suggestion and support for the extended to ***“Life For All Society”*** to serve the poorest of poor and down trodden people living in the villages of the Himalayan region in a transparent and committed way in order to see transformation development among different people groups.

Yours in partnership

Rev. Dr. Harihar Pothal